CHICAGO COLLEGE OF OPTOMETRY | Downers Grove, Illinois







Winter 2020 - 2021

Volume 5

In This Issue:

- **Preceptor Corner: Student** Motivation and Engagement
- Virtual Academy 2020
- **Clinical Rotations** Spotlight: Parres Wright, O.D., F.A.A.O.
- MWU Approved to **Distribute COVID-19** Vaccine
- Clinical Specialties: Low

Stay Connected



Like/Follow us on Facebook Chicago College of Optometry



Follow us on Instagram @ChicagoCollegeOfOptometry



MIDWESTERN UNIVERSITY

Tomorrow's Healthcare Team

PRECEPTOR CORNER: STUDENT MOTIVATION AND **ENGAGEMENT**

Keeping students engaged can be one of the most difficult things to do, especially as the school year comes to an end and gradu- be as simple as setting small, attainable ation day gets closer. This can not only affect student learning but also maintaining a successful preceptor-student relationship. Cindy Leslie A. Roberson wrote in her article "Motivating and Engaging Student Pharmacists," "Motivation defines interest and can dictate the effort that is applied" further emphasizing the need to keep students interested in the task or skill at hand. It can affect a site's in-clinic workflow as well as their relationship with the doctor and staff involved. What can you do to help motivate your students?

Roberson compares motivation to gasoline as students need it to fuel their drive and passion for learning. "As educators, we are in the driver's seat (Cindy Leslie, 2016)." Through effective teaching and modeling, preceptors would be able to control a student's desire to continue to grow as a clinician. The theory of expectancy-value is one perspective that can help foster a student's motivation, which postulates the importance of setting an expectation for success as well as the student seeing the value in the task at hand. For example, if a student knows that they will do well with skills References: related to billing and also sees value in knowing more about billing with their own future practice, they will most likely be

more motivated to learn more about the skill. Setting up a student for success can goals that are still challenging and progressive. These goals should be communicated to the student ahead of time so both student and preceptor can work together in accomplishing these with the preceptor giving appropriate feedback. The student's confidence will then grow until they meet the learning objective desired. Seeing the value of a task or skill can be more difficult as this is more subject. Students will often come in with their own preconceived ideas of what is valuable to their learning and experience. As a preceptor, to change their perspective, it is important not to simply assign a task as busywork as well as not forcing personal views. By helping a student feel useful and appreciated in the workflow of the clinic, the student will likely "welcome new assignments and be more enthusiastic about them (Cindy Leslie, 2016)."

There are many more ways to help a student feel successful and valued at a rotation, and key to this is regular communication and creating a positive environment at the site.

Cindy Leslie R.A. Motivating and Engaging Student Pharmacists. June 2016. https://doi.org/10.21019/ Preceptor. 1001.11. Accessed January 13, 2020.

CLINICAL ROTATIONS SPOTLIGHT

PARRES WRIGHT, O.D., F.A.A.O.

Assistant Professor

Parres M. Wright, O.D., FAAO is an honors graduate of Tennessee State University. She is also a graduate with professional distinction from Nova Southeastern University's College of Optometry. Dr. Wright completed her residency training in Low Vision Rehabilitation and Geriatric Optometry at the VA Medical Center in Birmingham, Alabama. During her residency,



she was selected as one of five optometry residents in the nation to be a presenter in the Southeastern Educational Congress of Optometry (SECO) series "High Hurdles: The Most Challenging Resident Cases of the Year." Following residency training, Dr. Wright headed an Advanced Low Vision Clinic at the VA Medical Center in Nashville, Tennessee. Dr. Wright is a Fellow of the American Academy of Optometry. Her passion is working with visually impaired and geriatric populations.

UPCOMING CE WITH 2 HOURS OF COPE

Please join us for a virtual CE event on February 10, 2021 at 6:00 PM CST.

"Dry Eye in a Primary Care Setting"
Jessica Jose, O.D., Assistant Professor, CCO

"Incorporating Gas Permeable Contact Lenses in a Primary Care Setting"

John Gialousakis, O.D., FAAO, Assistant Professor, CCO

For more details and to register in advance please visit the link below. We look forward to seeing you at our event.

https://online.midwestern.edu/public/eventreg.cgi?ent_no=7379

February is AMD/ Low Vision Month! CLINIC SPECIALTY: LOW VISION

Midwestern University Eye Institute has five doctors who specialize in Low Vision Rehabilitation. In addition to our Spotlight feature, Dr. Parres Wright, we have two other full-time Low Vision specialists, Drs. Fred Collison and Chenyi Liu as well as two Clinical Adjuncts, Drs. Adrienne Quan and Christopher Pereira. They work alongside each other to provide top quality care offering the latest visual aid devices and technologies, while also collaborating with occupational therapists to assist patients in leading more independent lives. Dr. Collison and Dr. Quan both also have experience in electrophysiology with the former currently employed as Director of Electrophysiology at the Chicago Lighthouse.

Additionally, our clinic provides in-house training with a variety of low vision devices, some of which may also be sold on-site.

To refer patients to us, please reach out to Dr. Wright at pwrigh1@midwestern.edu or at 630-743-4500.

CALENDAR

January Glaucoma Awareness Month

February 19 Last Day of Winter Rotations

February 23 Last Day to Submit Final Evaluations

February Age-Related Macular Degeneration/ Low Vision Awareness Month

MIDWESTERN UNIVERSITY RECEIVES APPROVAL TO DISTRIBUTE COVID-19 VACCINES

As the nationwide COVID-19 vaccination effort continues, Midwestern University's Multispecialty Clinics in Illinois and Arizona have been approved as COVID-19 vaccine Points of Distribution (POD).

Both Maricopa County and DuPage County have approved the University's application to be a public health partner with the local municipalities. Midwestern is currently preparing infrastructure and logistics for storing and providing vaccines authorized under the Food and Drug Administration's Emergency Use Authorization (EUA) according to the Centers for Disease Control and Prevention (CDC) phased rollout for the COVID-19 vaccines in both counties.

Midwestern University is establishing a cold chain storage process following CDC and local health protocols to handle the Pfizer-BioNTech and Moderna COVID-19 vaccines that have been ap-

proved under the EUA. The cold chain storage and handling requirements for COVID-19 vaccine products will vary in temperature from refrigerated (2°C to 8°C) to frozen (-15°C to -25°C) to ultra-cold (-60°C to -80°C).

Once the vaccines are made available to the University, we will initially serve as PODs for our registered patients who meet the local health departments' eligibility requirements under Phase 1A/1B of the current distribution protocols. Some members of our academic community are already gaining experience in patient intake, vaccine preparation and administration at other POD sites around the country . Details about how eligible patients can receive a COVID-19 vaccine at the Midwestern University will be available soon – visit http://www.mwuclinics.com for information and updates.

AMERICAN ACADEMY OF OPTOMETRY 2020 MEETING

The American Academy of Optometry holds an annual meeting to provide educational resources and updates for our optometry faculty and students. Last October, the meeting was originally scheduled to take place in Nashville, TN, but as with many large events, they adjusted their venue and program to become the Academy's first virtual meeting, Academy 2020 At Home. There were more than 6,400 attendees and over 50 countries represented. Included among these attendees were our own faculty and students, who not only had presented posters, but also earned their diplomate or fellowship status.

Posters Presented:

- Madeline Curtis (CCO 2022), Kennedy Hall (CCO 2022), Benjamin Thompson, Arijit Chakraborty, Ph.D., MPhil, Assistant Professor, CCO. Lower Level Motion Processing Predict Attentive Motion Tracking in Peripheral Vision. 2020.
- Michael Tran (CCO 2023), Chelsea Des Rosiers (CCO 2021) Pablo De Gracia, M.SC, Ph.D., FAAO, Assistant Professor, CCO. Ocular Complications of Myopia Control Methods During VDT Use. 2020.
- Rafiah Anjum (CCO 2021), Melody Bandary (CCO 2021), Stephanie Garza (CCO 2021), Bryce Sealock (CCO 2021) Samantha Rice, O.D., FAAO, Assistant Professor, CCO. Referral to Optometry or Ophthalmology?- An Interprofessional Student Perspective. 2020.
- ♦ Jeanie C. Lucy, O.D., M.P.H., Assistant Professor, CCO. Optometry's Role in the Opioid Public Health Crisis: A Multidisciplinary Approach During COVID-19. 2020.
- Matthew McGee (CCO 2022), Brian Helmetag (CCO 2022), Zachary Goodman (CCOM 2023), Pablo De Gracia, O.D., Ph.D., Assistant Professor, CCO. Microsaccade Magnitude and Peak Velocity When Using Multifocal Contact Lenses. 2020.
- ♦ Jenelle Mallios, O.D., FAAO, Associate Dean of Clinical Affairs, CCO. Pediatric Ocular Disease: A Crash Course. 2020.
- Jenelle Mallios, O.D., FAAO, Associate Professor of Clinical Affairs, CCO. Vaughn M. Pediatric Special Populations for the Primary Care Optometrist. 2020.
- Zachary Goodman (CCOM 2023), Ashley Coots (CCO 2022),
 Brian Helmetag (CCO 2022), Matthew McGee (CCO 2023),
 Pablo De Gracia, M.SC, Ph.D., FAAO, Assistant Professor,
 CCO. Fixation Eye Movements' Influence on Subject Level of Refractive Error. 2020.
- ♦ John Gialousakis, O.D., FAAO, Director of Curriculum Development, CCO. Teaching Strategies in Optometry Schools: Learning Styles and Use of Blended Learning. 2020.

- Gialousakis, O.D., FAAO, Director of Curriculum Development, CCO. Contacts Lens Noncompliance Arising from Improper Education. 2020.
- Mary Boeckman (CCO 2021), Chelsea Des Rosiers (CCO 2021), Emily Hopman (CCO 2021), Jenelle Mallios, O.D., FAAO, Associate Dean of Clinical Affairs, CCO. Educators' Awareness on Signs of Visual Deficiencies in Students. 2020

Lectures:

- Jenelle Mallios, O.D., FAAO., Associate Dean of Clinical Affairs, CCO, Matthew Vaughn. Pediatric Special Populations for the Primary Care Optometrist. 2020.
- ♦ Konstantina Kalas, OD, FAAO, Adjunct Clinical Instructor, CCO, Kaitlyn A. Sapoznik, Stephen A. Burns, Brett J. King. Comparing Retinal Arteriole Structural Measurements in Subjects with Glaucoma to Control Participants Using AOSLO. 2020.

2020 New CCO Diplomate, Section on CCLRT

John Gialousakis, O.D., FAAO; Director of Curriculum Development

2020 New Fellows

- ♦ Konstantina Kalas, O.D., FAAO; Adjunct Clinical Instructor
- ♦ Cody Peterson, O.D., FAAO; External Rotations Preceptor/ Adjunct Faculty

KEEP IN TOUCH

We would love to hear about any updates on you and your site! Presented a poster or lecture at a conference? Providing a new services at your site? Earned a fellowship or diplomate status? Let us know. You may be featured in one of our upcoming newsletters.

You may contact Assistant Director of Rotations, Dr. Daniel Deligio, at ddelig@midwstern.edu or 630-743-4853, or Sr. Administrative Assistant, Rotations, Nadine Antonio, at nanton@midwestern.edu or 630-743-4812.

DO YOU WANT TO KNOW WHAT'S GOING ON AT CCO?



Follow us on Instagram

@ChicagoCollegeOfOptometry



Like/Follow us on Facebook Chicago College of Optometry

INTERESTED IN CE EVENTS AND OTHER OPTOMETRY RESOURCES?

Visit our **CCO Preceptor Resources** page at https://www.midwestern.edu//academics/degrees-and-programs/doctor-of-optometry-il/current-preceptors.xml