



## IN THIS ISSUE:

- ◆ Welcome CCO's New Preceptor
- ◆ Preceptor Corner: Preceptor Supervision and Mentoring!
- ◆ Clinical Rotation Spotlight
- ◆ Fun Personality Test
- ◆ Calendar of Eye/Vision Awareness
- ◆ Important Dates and Reminders.

## Stay Connected



Like/Follow us on Facebook

Chicago College of Optometry



Follow us on Instagram

@ChicagoCollegeOfOptometry



# MIDWESTERN UNIVERSITY

Tomorrow's Healthcare Team

Fall 2023

VOLUME 8

ISSUE 2

## Fall

Leaves are Falling, Autumn is Calling

## "Welcome CCO's Newest Preceptors"



### Mira Aumiller, O.D., FAAO with Wilmington Department of Veterans Affairs

Dr. Aumiller is a graduate of the Pennsylvania College of Optometry in 2002. Dr. Aumiller completed a Primary Care residency the following year also at PCO. Dr. Aumiller has been a preceptor at the Wilmington, DE VA for 20 years. After a 4<sup>th</sup> year rotation there herself, she knew it was dream job. Dr. Aumiller has also been involved in the optometric honor society, Beta Sigma Kappa for over a decade and is currently serving as their executive director. Dr. Aumiller resides in NJ with her husband and 4 children. In her "spare" time she loves to work out and travel.

### Michelle Man, O.D., FAAO, FSLs with North Suburban Vision Consultants

Dr. Man received her OD degree from the UC Berkeley School of Optometry. Dr. Man completed a residency in Cornea and Contact Lens at the Illinois College of Optometry. Her passions include anterior segment, myopia management, and advanced contact lens fittings for keratoconus, post-transplant, and ocular surface/dry eye disease. Currently full-time at North Suburban Vision Consultants in Deerfield, IL, Dr. Man holds adjunct faculty positions as an externship site for several schools including MWU Chicago College of Optometry. In her spare time, Dr. Man enjoys traveling, exploring new restaurants, and spending time with her husband and their dog, Bear.



### Beth Kunkel, O.D. with Kunkel-Snyder Optometric, PC

Dr. Beth (Snyder) Kunkel grew up in Watertown, SD, and from a young age was interested in the human eye. Growing up there was constant discussion of the eye with her father Dr. Wayne Snyder, but she also has always had an overall interest in how the human body works. Dr. Kunkel received her BS in Biology and minor in Chemistry at the University of South Dakota. She then attended the Illinois College of Optometry (ICO) in Chicago. Dr. Beth says, "I love working at Snyder Eye Clinic and Kunkel-Snyder Optometric because I get to work with my family. It is nice having my husband and father as colleagues. We all bring something a little different to the clinic, which makes it well rounded." (<https://www.kunkelsnyder.com/our-team/>)



**Joy Kerns O.D., FAAO with Wyoming VA Community Based Outpatient Clinic**

Dr. Kerns graduated from the Michigan College of Optometry in 2004 and completed a residence in ocular disease at the Battle Creek VA Medical Center in Battle Creek, Michigan, in 2005. Dr. Kerns has been working at the Wyoming VA Outpatient Clinic (formerly the Grand Rapids VA Clinic) since December 2005. In addition to being an active member of the

NAVAO, she is also on the Admittance Committee for the American Academy of Optometry and serve as a Regional Vice Chair. Dr. Kerns has been married to her husband, Josh, for 21 years and they have two daughters; an 18 year old getting ready to start her first year of college and a 16 year old junior in high school. For fun Dr. Kerns enjoys reading and playing golf.”

**Timothy Shoff O.D, with Salisbury VA Health Care System**

Dr. Timothy Shoff is a Staff Optometrist at the Kernersville VA in North Carolina. Dr. Shoff is from a small town in Pennsylvania called Ebensburg. Dr. Shoff completed his undergraduate degree at Saint Francis University and his Optometric Degree at NOVA Southeastern University in Florida. Outside of clinic, Dr. Shoff loves being outside doing anything from hiking, camping, fishing, and hunting. He also love going to new restaurants and breweries.



## Preceptor Corner: Preceptor Supervision and Mentoring!

Preceptor supervision and mentoring are essential components of a successful rotation experience and are further described below.

### Professional Supervision by Preceptor

Professional supervision, as it relates to assigned optometry students, means (at a minimum) that in no case shall a patient receive services or be treated based solely on a student's evaluation where a preceptor has not agreed to the findings, the conclusions, and the plan. The College does not intend that professional supervision requires direct physical observation of all student clinical activity, however, students cannot be required or allowed to provide professional services at any time when a preceptor is not on the premises and not aware of the student activity.

### Professional Mentoring by Preceptor

Professional mentoring includes many types of teaching activities including coaching on technique, case analysis, patient communication, strategies for differential diagnosis, role modeling of proper professional demeanor; making recommendations for study or practice; providing evaluation feedback, career counseling and other activities. In this way, the preceptor serves as a valuable role model for optometry students as the latter gain confidence and expertise in their clinical skills and decision making.

## \*Clinical Rotation Spotlight\*

**Konstantina Kalas, O.D.**

**Assistant Professor**



Dr. Konstantina G. Kalas O.D., FAAO, DIPL OF ABO graduated from Loyola University Chicago where she earned her Bachelor of Science degree with a major in Molecular Biology and a minor in Finance from Loyola University Chicago. Dr. Kalas then received her Doctor of Optometry degree from the Illinois College of Optometry. Upon graduation, she completed her residency training in Ocular Disease at Indiana University School of Optometry in which she conducted research on glaucoma. Dr. Kalas is a Fellow of the American Academy of Optometry, a Diplomate of the American Board of Optometry, and is a current member of the Illinois and American Optometric Association. Dr. Kalas specializes in primary eye care and ocular disease with a passion for the treatment and management of glaucoma. Dr. Kalas joined Midwestern University's Chicago College of Optometry due to its excellent optometric education and commitment to research and clinical training. Midwestern University fosters a supportive and collaborative environment featuring renowned faculty and state-of-the-art facilities. Over the past two years, Dr. Kalas had the privilege of engaging with bright students and witnessing their

growth which has further solidified her passion for teaching and the advancement of optometry. Working at Midwestern University has been a fulfilling and enriching journey, allowing her to make a meaningful impact on the lives of aspiring optometrists while contributing to innovative research and teaching methods in the field. In her free time, Dr. Kalas trains her 1 year old mini goldendoodle puppy, exploring their favorite trails in Waterfall Glen, and trying new restaurants in the city with friends!

**Thank you for all you do and being a part of Midwestern University!**



**WHAT DO YOU SEE?**  
**FUN PERSONALITY TEST**



If you saw the pillars: It could point to the possibility that you prefer comfort and security over most things. Accomplishing your big goals in life will not be possible unless you learn to break out of your comfort zone. It's also a sign that you focus on dreaming about your goals too much and not enough time actually working on them.

If you saw the people: It means that you are a free spirit whose ready to leave your current surroundings at the drop of a hat. Life hardly ever seems dull to you. In fact it's full of incredible people and adventures! You are a curious and kind soul, but don't wander for too long. Be ready when the right time comes to settle down.

Copyright belongs to GirlStyle Singapore, Read full article: [https://girlstyle.com/sg/article/59825/what-do-you-see-first-what-you-choose-will-reveal-more-about-yourself?utm\\_campaign=GSSG-Web-CopyContent&utm\\_source=GSSG&utm\\_medium=Web-CopyContent](https://girlstyle.com/sg/article/59825/what-do-you-see-first-what-you-choose-will-reveal-more-about-yourself?utm_campaign=GSSG-Web-CopyContent&utm_source=GSSG&utm_medium=Web-CopyContent)

**Calendar of Eye/Vision Awareness**

(AOA Eye Care Calendar & Events)

**September:** Paraoptometric Appreciation Month

**October:** Decorative Contact Lenses

**November:** American Diabetes Month



**KEEP IN TOUCH**

We would love to hear about any updates on you and your site! Presented a poster or lecture at a conference? Providing new services at your site? Earned a fellowship or diplomate status? Let us know. You may be featured in one of our upcoming newsletters.

You may contact the Assistant Director of Rotations, Dr. Daniel Deligio, at [ddelig@midwestern.edu](mailto:ddelig@midwestern.edu) or 630-743-4853, or Clinical Education Coordinator, Shannen Hamlin, at [shamli@midwestern.edu](mailto:shamli@midwestern.edu) or 630-743-4812.

**DO YOU WANT TO KNOW WHAT'S GOING ON AT CCO?**



Follow us on Instagram

@ChicagoCollegeOfOptometry



Like/Follow us on Facebook

Chicago College of Optometry

**IMPORTANT DATES AND REMINDERS:**

**AAO Meeting** **October 11-14, 2023**

Last Day of the Fall Quarter **November 17, 2023**

Submit Final Grades **November 20, 2023**

Start of Winter Quarter **November 27, 2023**

**INTERESTED IN CE EVENTS AND OTHER OPTOMETRY RESOURCES?**

Visit our **CCO Preceptor Resources** page at <https://www.midwestern.edu//academics/degrees-and-programs/doctor-of-optometry-il/current-preceptors.xml>