



Fall 2021

Volume 6

Issue 2

In this issue:

- ◇ Big Pupil, Little Pupil 2021
- ◇ New Faculty and Clinical Adjunct
- ◇ New Class of 2025
- ◇ Preceptor Corner: Teaching on the Run

BIG PUPIL, LITTLE PUPIL 2021



Every year the Chicago College of Optometry brings together optometry students across all classes so they can start getting to know and encourage each other throughout their time in our program.

The afternoon event brought students and faculty together and awards were presented for Student of the Year for each class, as well as Faculty of the Year. Many activities were planned from team building exercises to landmarking the inaugural year by sorting them into Student Houses — Iridae, Choroidea, Orbis, and Corpus Ciliaris. The Student Houses were started with the purpose of re-engaging students after almost two years of mainly online learning and, above all, to help promote ethics, compassion, commitment, teamwork, accountability, and a sense of community within our College. Students will be able to earn merit points for their designated houses through academic, service, learning, and professionalism accomplishments. At the end of the school year, the house with most merit points will win the Optic Cup.

We look forward to continuing this new tradition with our students!



MIDWESTERN UNIVERSITY

Tomorrow's Healthcare Team

CHICAGO COLLEGE OF OPTOMETRY'S NEWEST FACULTY AND INSTRUCTORS

The Chicago College of Optometry has two new faculty members, Adrienne Quan, O.D., F.A.A.O., Konstantina Kalas, O.D., F.A.A.O. and one new Clinical Instructor Adjunct, Christopher Pereira, O.D.



Dr. Adrienne Quan, earned her Bachelor of Science degree in Biotechnology/Chartered Accountancy from the University of Waterloo and received her Doctor of Optometry degree from the Illinois College of Optometry. Upon graduation, she completed her residency training in Vision Therapy / Low Vision Rehabilitation and Neuro-Optometric Rehabilitation at Southern College of Optometry in Tennessee.

Dr. Quan is currently completing a Ph.D. in Health Sciences at Rush University. She recently joined the Translational Vision Science Lab (TVSLab) at Midwestern University to complete her dissertation research under the supervision of Dr. Arijit Chakraborty. Her clinical and research interests include brain injury vision rehabilitation, low vision and sensory substitution technologies, and electrophysiology.

Dr. Quan is a Fellow of the American Academy of Optometry and is an active member of the Neuro-Optometric Rehabilitation Association, the College of Optometrists in Vision Development, the Illinois Optometric Association, and the American Optometric Association.

Her specialties include Traumatic/Acquired Brain Injury, Vision Therapy, Low Vision Rehabilitation, Pediatrics.



Dr. Konstantina Kalas, O.D. earned her Bachelor of Science degree in Molecular Biology from Loyola University Chicago and received her Doctor of Optometry degree from the Illinois College of Optometry. Upon graduation, she completed her residency training in Ocular Disease at Indiana University School of Optometry in which she conducted research on vascular risk factors in patients with glaucoma using adaptive optics scanning laser ophthalmoscope (AOSLO) imaging.

Dr. Kalas is a Fellow of the American Academy of Optometry, a Diplomate of the American Board of Optometry, and member of the Illinois Optometric Association and American Optometric Association. Dr. Kalas specializes in Ocular Disease with a passion for the treatment and management of glaucoma and retinal disease.

Dr. Christopher Pereira, grew up in Northern California and received his Bachelor of Science degree in Biology with a minor in Psychology from the University of San Francisco. After earning his Doctor of Optometry degree from the State University of New York (SUNY) College of Optometry, he completed his residency in Ocular Disease and Vision Rehabilitation at the Illinois College of Optometry and Chicago Lighthouse. Pereira is passionate about ocular disease, vision rehabilitation and primary care.



PRECEPTOR CORNER: TEACHING ON THE RUN TIPS

Though clinic cases cannot always be predicted, the one thing that is constant is that it will be busy. Whether it is 5 minutes or 30 minutes between patients to discuss treatment and management, preceptors should prepare to teach at every available minute. Teaching “on the run” can seem to be an unplanned activity, however preceptors can still plan “teaching scripts” on topics that will be relevant for that day. One method of planning was outlined by Peyton and colleagues that is based on a triad of concepts—*Set*: what you need to think about beforehand (i.e. what are the desired learning outcomes; *Dialogue*: what happens during the event (e.g. keeping the students en-

gaged and checking for understanding); *Closure*: how you finish off (e.g. providing a summary with a take-home message). Thinking about ways to apply this thought process can help with an efficient flow in clinic as well as with learning between teacher and student. As preceptors continue to reflect on their own teaching, improvements and adjustments can also be made to better suit each students’ needs.¹

¹ Adapted from Medical Journal of Australia. *Teaching on the run tips: Educational Guides for Teaching in a Clinical Setting* by Fiona R. Lake and Gerard Ryan.

MEET OUR NEW CLASS CLASS OF 2025

Our newest class of students started their first quarter of optometry classes this fall. Students hail from many different areas spanning from California to Florida, including a couple of students from Canada.

We are thrilled to welcome them to our CCO family and look forward to seeing them grow into successful student optometrists in the coming years.



KEEP IN TOUCH

We would love to hear about any updates on you and your site! Presented a poster or lecture at a conference? Providing a new services at your site? Earned a fellowship or diplomate status? Let us know. You may be featured in one of our upcoming newsletters.

You may contact Assistant Director of Rotations, Dr. Daniel Deligio, at ddelig@midwestern.edu or 630-743-4853, or Senior Administrative Assistant, Rotations, Nadine Antonio, at nanton@midwestern.edu or 630-743-4812.

DO YOU WANT TO KNOW WHAT'S GOING ON AT CCO?



Follow us on Instagram

@ChicagoCollegeOfOptometry



Like/Follow us on Facebook

Chicago College of Optometry

INTERESTED IN CE EVENTS AND OTHER OPTOMETRY RESOURCES?

Visit our **CCO Preceptor Resources** page at <https://www.midwestern.edu//academics/degrees-and-programs/doctor-of-optometry-il/current-preceptors.xml>

REMINDER

As we reach the halfway mark of this school year, our fourth-year students are preparing for their post-graduation career as optometric clinicians. As such, some may start scheduling their interviews for potential jobs and future residencies.

Please be prepared for incoming absence requests from the students.

If you have any questions, please contact Senior Administrative Assistant, Rotations, Nadine Antonio.



UPCOMING CE EVENTS

The next continuing education event is scheduled for January 12, 2022 for the Winter Quarter and March 9, 2022 for the Spring, and will be held via Zoom. Please mark your calendars for these days.

Details and registration information will be emailed in the near future.