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## From the Program Chair

Dear Alumni, Members, and Colleagues,  
Please plan on joining us on the beautiful Northwestern University campus in Downer's Grove, Illinois for the 77th annual Ward E. Perrin, D.O. Clinical Refresher Course. The course will take place in person from October 17-19. We have assembled a diverse curriculum which will provide a variety of topics from "A Day in Your Office" to "What's New in Diagnostics and Therapeutics 2024." The program offers the opportunity to earn a maximum of 20.0 hours of AOA category 1-A CME for osteopathic physicians and physician assistants. In addition, 4.0 hours of the total CME is applicable toward your MATE requirement for federal DEA renewal. We invite you to visit the CCOM website to learn more. We look forward to a great conference and to seeing you on campus at Northwestern University this fall!

### Program Audience

This educational program is designed to provide CME for physicians and physician assistants.

Northwestern University Chicago College of Osteopathic Medicine (NWU CCOM) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. NWU CCOM designates this program for a maximum of 20.0 AOA Category 1-A credits and reports CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Application for the CME credit has been filed with the American Academy of Family Physicians.

### Meeting Registration

Changes and cancellations must be made by Tuesday, October 1, 2024. Cancellations after will result in a \$100 cancellation fee.

### Hotel Accommodations

DoubleTree by Hilton Chicago  
2111 Butterfield Road | Downers Grove, IL 60515  
Located minutes from the NWU campus in Downers Grove, the hotel offers a special discounted block of rooms for Northwestern at the rate of \$134 plus tax. Complimentary shuttle service from this location only is offered for the beginning and end of each conference day. Make a hotel reservation by calling 800-222-TREE or visiting the following booking link by 10/1/2024: [www.northwestern.edu/crc-hotel](http://www.northwestern.edu/crc-hotel)

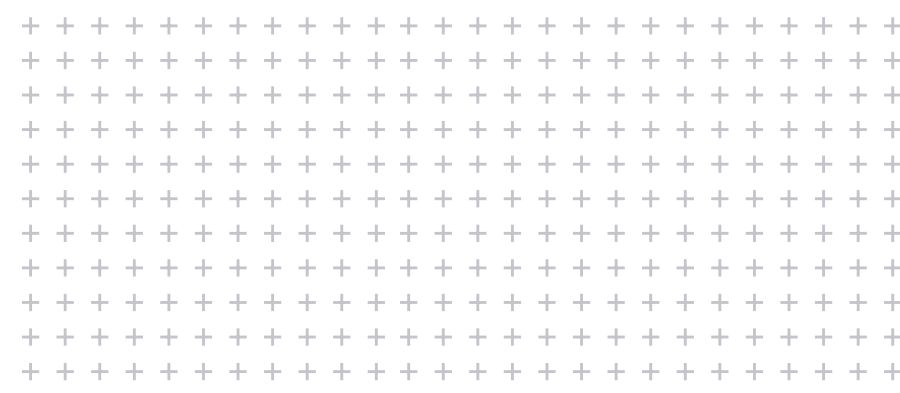


Program speakers/topics are subject to change.



Office of Clinical Integration  
Office of Development and Alumni Relations  
555 31st Street, Science Hall 302A, Downers Grove IL 60515

For more information please visit  
[www.northwestern.edu/crc](http://www.northwestern.edu/crc)



## Midwestern University Tomorrow's Healthcare Team CHICAGO COLLEGE OF OSTEOPATHIC MEDICINE'S

### 77th Annual

## Ward E. Perrin, D.O. Clinical Refresher Course and CCOM Alumni Reunion Dinner

Registration to be completed online at  
[www.northwestern.edu/crc-register](http://www.northwestern.edu/crc-register)

# Topics in Medicine

## Thursday, October 17 through Saturday, October 19, 2024

Northwestern University Chicago College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

NWU CCOM designates this program for a maximum of 20 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Application for CME credit has been filed with the American Academy of Family Physicians.

## Topics in Medicine Objectives

Topics in Medicine will offer 20.0 credit hours of AOA Category 1-A CME credits for physicians through: interactive sessions, case lectures, incorporating osteopathic principles into practice, and hands-on osteopathic manipulation lab training.

### A Day in Your Office

- Review preliminary work ups and treatment for suspected rheumatologic conditions.
- Diagnose and formulate treatment for skin conditions in pediatric, adolescent, and adult patients that are commonly encountered in the primary care setting.
- Review of contraception, sexually transmitted infections, and basic routine exams in well women care.
- Learn about regulatory issues related to EMR use, EMR meta-data, and what attorneys look for in medical records when deciding whether to file a lawsuit.

### What's New in Diagnostics and Therapeutics in 2024

- Understand the comprehensive management plan for type 2 diabetes, exploring effective pharmacologic therapies including GLP-1 agonists, and holistically implement lifestyle and psychosocial interventions.
- Discover how functional medicine can provide evidence-based pathways to a healthier future.
- Review and demonstrate physical examination pearls for the primary care osteopathic physician, incorporating a standardized patient.
- Learn how to simultaneously diagnose dysfunction and apply quick and efficient techniques when treating patients.

### Treating Opioid Disorders and New Substances

- Become familiar with some of the substances that are being sold and discuss the pharmacology of these substances, along with consideration of the current laws regulating their production and sale.

### Moving Beyond Barriers in Treating Opioid Disorders American Society of Addiction Medicine (ASAM)

This 3-hour course provides a deeper dive into implementing office-based treatment for opioid use disorder and addresses moving beyond common barriers that prevent qualified clinicians from successfully treating patients with OUD.

### Your Morning Dose of Medicine

- Gain insight into the increasing emergent conditions requiring medical management secondary to cosmetic enhancements.
- Review of the most recent updated guidelines, with a focus on prevention, detection, and the clinical benefits of rhythm control on reducing cardiovascular morbidity when given a diagnosis of atrial fibrillation.
- Develop an approach to common problems and routine health maintenance in men's health.
- Equip non-psychiatrist healthcare professionals with essential insights and strategies for enhancing their approach to psychiatric conditions, promoting holistic patient care and treatment success.

### Taking Care of You and Your Patient

- Navigate a landscape of emerging antimicrobial resistance which may change our initial empiric antibiotic selections.
- Rediscover the passion that led you to medicine and the perseverance that pushed you through it, then learn ways to instill a growth mindset in future physicians.
- Identify and understand the crucial role physicians play in advocacy efforts, which protect the safety of their patients.
- Burnout continues to be a problem in healthcare. Your ability to bring intelligence to your emotions, learn to lead yourself, and relate to others can help decrease burnout.

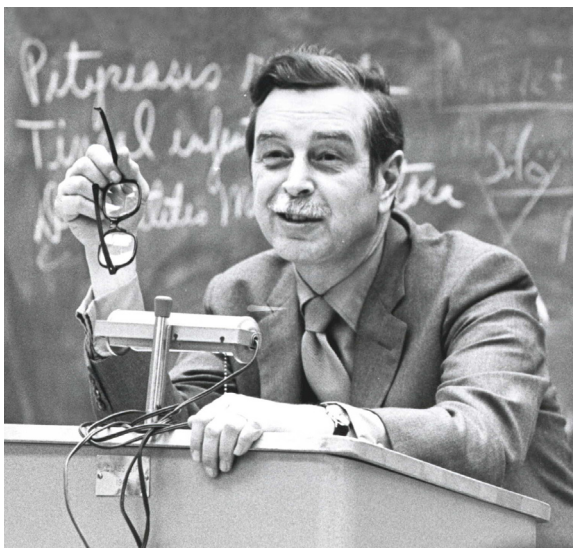
# Registration

Registration to be completed online at [www.midwestern.edu/crc-register](http://www.midwestern.edu/crc-register)

## 77th Annual Ward E. Perrin, D.O. Clinical Refresher Course and CCOM Alumni Reunion Dinner

CME CONFERENCE	Full Conference 20.0 credits	Oct. 17 8 credits	Oct. 18 8 credits	Oct. 19 4 credits
CCOM Alumni	\$ 750	\$ 300	\$ 300	\$ 150
Gold Medallion (CCOM grads ≤1974)	\$ 0			
Non CCOM Alumni	\$ 800	\$ 320	\$ 320	\$ 160
Non CCOM Late Registration (after Oct. 1)	\$ 850	\$ 340	\$ 340	\$ 170
Retired Physicians	\$ 500	\$ 200	\$ 200	\$ 100
MWU PA Alumni	\$ 300	\$ 120	\$ 120	\$ 60
Residents (register by Oct. 1)	\$ 0			
CCOM Alumni Reunion & Dinner Open to All CRC Participants	\$ 0			

Dr. Ward E. Perrin graduated from the Chicago College of Osteopathic Medicine in 1943. As a young faculty member at CCOM, he taught at Northwestern University's CE program for alumni in September 1947. Dr. Perrin then organized, coordinated, and taught at all CE programs for the next 54 years. Under his leadership, the CE program was renamed the Clinical Refresher Course and expanded beyond college alumni to welcome guests and lecturers from beyond the osteopathic profession. In 1987, the American Medical Association approved accreditation for the Clinical Refresher Course, and the CE program became open to all practicing physicians, both D.O. and M.D. The Clinical Refresher Course was the first CE program hosted by an osteopathic school to receive this distinction.



2024

Midwestern University Chicago College of Osteopathic Medicine

Ward E. Perrin D.O. Clinical Refresher Course and CCOM Reunion

## THURSDAY

October 17, 2024

7:00 AM to 5:30 PM | Registration - Littlejohn Hall Lobby  
7:00 to 7:30 AM | Continental Breakfast - Littlejohn Hall Lobby

### Welcome and Conference Overview - Littlejohn Hall

7:30 to 7:45 AM | George Borrelli, D.O., M.S., FACOEP, Program Chair

### A Day in Your Office

7:45 to 8:45 AM | Rheumatology Beyond Steroids | Nisha Dsilva, D.O.  
8:45 to 9:45 AM | Office Dermatology Rounds | Ashley Feneran, D.O., FAAD  
9:45 to 10:00 AM | Break  
10:00 to 11:00 AM | Relevant Guidelines for Primary Well Women Care  
Joseph Bush, D.O.  
11:00 AM to NOON | When Notes Become Evidence: What Lawyers Hunt For  
In Your Charts | William Sullivan, D.O., J.D.

Noon to 1:15 PM | Lunch

### What's New in Diagnostics and Therapeutics in 2024

1:15 to 2:15 PM | Diabetes Management/Novel Weight Loss Drugs  
Shan Rehman, D.O.  
2:15 to 3:15 PM | Functional Medicine for Primary Care Physicians/Getting  
to the Root of the Problem | Michael Todd, D.O., FACOEP  
3:15 to 3:30 PM | Break  
3:30 to 4:30 PM | Physical Exam Pearls for the Primary Care Physician  
Brian Poustinchian, D.O., FACP, FACO, FHM  
4:30 to 5:30 PM | Application of Common OM techniques in Primary Care  
Kurt Heinking, D.O., FAAO



## FRIDAY

October 18, 2024

7:00 AM to 5:30 PM | Registration - Littlejohn Hall Lobby  
7:00 to 7:30 AM | Continental Breakfast - Littlejohn Hall Lobby

### Welcome and Conference Overview - Littlejohn Hall

7:30 to 7:45 AM | George Borrelli, D.O., M.S., FACOEP, Program Chair

### Your Morning Dose of Medicine

7:45 to 8:45 AM | Cosmetic Catastrophes | Christopher Colbert, D.O.  
8:45 to 9:45 AM | Update on Diagnosis and Management of Atrial Fibrillation  
in Primary Care | Matthew Kamin, D.O., FACC  
9:45 to 10:00 AM | Break  
10:00 to 11:00 AM | Men's Health Overview | Michael Alebich, D.O., FACP  
11:00 AM to NOON | Behavioral Health for the Non-Psychiatrist: Practical Tips for  
Advancing Your Management of Psychiatric Conditions  
Neeral K. Sheth, D.O., FAPA

Noon to 1:15 PM | Lunch

### Taking Care of You and Your Patient

1:15 to 2:15 pm | Current Antibiotic Usage and Developing Resistance  
Mia Taormina, D.O., FACO  
2:15 to 3:15 pm | Empowering Medical Students and Residents:  
The Transformative Power of Growth Mindset and Grit  
Frank Serrechia, D.O.  
3:15 to 3:30 pm | Break  
3:30 to 4:30 pm | Effective Physician Advocacy: 2024 Updates  
James MacKenzie, D.O., DFAPA  
4:30 to 5:30 pm | Physician Burnout: How Increasing Your Emotional  
Intelligence Can Help | Michael Kulisz, D.O.

## CCOM Alumni Reunion & Dinner Dance

Midwestern University - Downers Grove, IL  
Arthur G. Dobbelaere Support Services Hall, Event Center, Fifth Floor

6:30 to 7:00 PM | Cocktail Reception  
7:00 to 8:00 PM | Dinner and Program  
8:00 to 10:00 PM | Live Band and Dancing

Please join the CCOM Alumni Association Board of Governors for your annual class reunion with special honors to Alumni from class years ending in four and nine. The reunion will feature a cocktail reception, party with live band, group and individual photos, and a display of yearbooks and photos from past classes.

### Formal invitation to follow.

For reunion questions or to schedule a tour of campus: 800-962-3053 or [alumni@midwestern.edu](mailto:alumni@midwestern.edu)

## SATURDAY

October 19, 2024

7:00 am to Noon | Registration - Littlejohn Hall Lobby  
7:00 to 7:30 am | Continental Breakfast - Littlejohn Hall Lobby

### Treating Opioid Disorders and New Substances

7:30 to 9:45 AM | Moving Beyond Barriers in Treating Opioid Disorders  
American Society of Addiction Medicine (ASAM)



This 3-hour course provides a deeper dive into implementing office-based treatment for opioid use disorder and addresses moving beyond common barriers that prevent qualified clinicians from successfully treating patients with OUD. Moving Beyond the Barriers of Treating Opioid Use Disorder is a case-based, interactive course.

9:45 to 10:00 AM | Break  
10:00 to 11:00 AM | Moving Beyond Barriers in Treating Opioid Disorders  
ASAM  
11:00 AM to NOON | A Trip to the Local Headshop  
Walter C. Prozialeck, Ph.D.

