ACADEMIC CONNECT

Name: Email: Phone Number: Name of organization: Preferred dates/times (Provide two options): Preferred modality: Virtual In-person Do any members of your organization require an accommodation to ensure full access to the presentation? Yes No If yes, pleasy specify Select the workshops you are interested in

What is Metacognition? The Science Behind Procrastination and Effective Time Management Understanding the Benefits of Stress Growth vs. Fixed Mindset-Why it Matters Who Am Las a Learner?