Many models of therapy may be used exclusively or in combination with other treatment models. Now is your opportunity to observe the conceptualization and treatment planning of two experienced therapists, Dr. Arthur Freeman and Dr. Martin Keller. Dr. Freeman represents a Cognitive Behavioral (CBT) mode and Dr. Keller a Psychodynamic Perspective (PP). An advanced student at Midwestern University’s doctoral program in Clinical Psychology will present a single case* and Drs. Keller and Freeman will discuss how they would treat the patient regarding conceptualization, the types of interventions that might be used, relationship building, assessment procedures, and the issues of countertransference and resistance.

*Patient identifiers will be disguised in accord with the Ethical Code for Psychologists Program Objectives

**Participants will:**
- Compare and contrast the conceptualization process in CBT and PP
- Discuss the elements of relationship building in CBT and PP
- Describe the issue of countertransference and resistance in CBT and PP
- Identify similarities in the two treatments

This program is free of charge and has been approved by the National Board for Certified Counselors and by the American Psychological Association. A total of 2.0 CE hours will be provided.
Presenter Biographies

Arthur (Art) Freeman, Ed.D., ABPP, is Professor and Executive Program Director of the doctoral programs in Clinical Psychology at Midwestern University in Downers Grove, IL and Glendale, AZ. He completed his undergraduate and early graduate work at New York University and his later graduate and doctoral work at Teachers College-Columbia University. He studied at the Alfred Adler Institute in New York under Drs. Kurt and Alexandra Adler and the Institute for Rational Living under Dr. Albert Ellis, and completed a Postdoctoral Fellowship at the Center for Cognitive Therapy at the University of Pennsylvania under Dr. Aaron T. Beck. In 2005, he received the postdoctoral degree of Doctor of Science (Sc.D.) from Babes-Bolyai University in Romania.

In addition to 100+ book chapters, reviews, and journal articles, he has published over 70 professional books. His work has been translated from English into Bulgarian, Chinese, Croatian, Dutch, Farsi, German, Italian, Japanese, Korean, Portuguese, Russian, Spanish, and Swedish. Dr. Freeman serves on the editorial boards of several U.S. and international journals.

He is board certified in Clinical Psychology, Family Psychology, and Behavioral Psychology by the American Board of Professional Psychology. Dr. Freeman is a Fellow of the American Psychological Association (divisions of Clinical Psychology, Psychotherapy, and Family Psychology). He is a past president of both the Association for Behavioral and Cognitive Therapies and the International Association for Cognitive Psychotherapy.

Martin Keller, Ed.D, ABPP is President of the Scottsdale Psychological Society. He is a clinician in private practice in Paradise Valley. Dr. Keller is a Diplomate in Clinical Psychology of the American Board of Professional Psychology with special interests in counseling and psychotherapy with adults, children, teenagers, couples, and families. He also provides consultation to organizations. Dr. Keller completed his undergraduate training at Temple University and earned his masters degree from Columbia University. His doctorate is from Rutgers University, where he completed an internship at the Rutgers University Counseling Center. He currently serves on the staff of Scottsdale Healthcare, John C. Lincoln, and Paradise Valley Hospital.

Dr. Keller was awarded Diplomates by the American Academy of Counseling and Psychotherapy, the American Academy of Behavioral Medicine, and the American Board of Sexology. He is listed in the National Register of Health Service Providers in psychology, and is a fellow of the American Academy of Clinical Psychology.

Drs. Keller and Freeman have been colleagues and personal friends for over 40 years.